

MARCH 2025

FERN HOUSE SURGERY

NEWSLETTER



- **Please be reminded the carpark is for staff and blue badge holders only. Please use Mill Lane carpark.**
- **You can now use PATCHS for appointment requests (also for non urgent requests). This is the quickest and most effective way to contact the practice. PATCHS is monitored from 8am - 6pm. For more information please visit our website.**
- **Need help with the NHS app? Witham Library hold sessions every week to help set up NHS app. Please contact them for details. [0345 603 7628](tel:03456037628)**

New Staff Updates:

We are please to welcome our new Practice Nurse Leena Jhundoo & Two new GPs Dr Abid & Dr Khan who will be with us throughout March.

Through the PCN and Inline with the NHS Long Term Plan GP practices have a number of roles designed to revolutionise primary care services across the UK.

New roles based at Fern House:

- Care Coordinator
- Clinical Pharmacist
- Physiotherapist.
- General Practice Assistant.
- Social Prescriber

Please see our website for description of these new roles.

Read More on our website

www.fernhousesurgery.co.uk

- Please be reminded the practice holds a Zero tolerance policy. Please be kind to our staff.
- The surgery will close at 12:00 for staff training and re-open at 08:20am. In an emergency, please contact NHS 111.
- The practice holds a 'Did not attend' policy. If you miss 3 appointments, you will be at risk from being removed from our list. To cancel please call the practice and click option 4. OR contact us on PATCHs. 341 patients did not attend their appointments in February.
- We have a number of appointments available to book online. Please visit our website. Click on book online and sign into your Systemonline account.
- Our spring Covid19 vaccination clinics are now open to book. The criteria for the spring is over 75years old, immunosuppressed and residence in a care home for adults. Please contact the surgery to book.

Most pharmacies can help you with seven common conditions without needing a GP appointment:

- **Sinusitis** (adults and children aged 12 years and over).
- **Sore Throat** (adults and children aged 5 years and over).
- **Earache** (children and young adults aged 1 year to 17 years).
- **Infected insect bite** (adults and children aged 1 year and over).
- **Impetigo** (adults and children aged 1 year and over).
- **Shingles** (adults aged 18 years and over)
- **Urinary tract infection** (women aged 16-64 years).

Community News:

- Citizens Advice are starting a new drop in session. Thursdays 10am - 1pm - The Public Hall, Collingwood Road, Witham, CM8 2DY.
- Beat the Street - See how far you can walk, cycle, run, scoot and wheel in just 6 weeks. The game will start on Wednesday 5th March 2025. Google "Beat the Street Braintree".